

Žena Ide Na Gesti

(Podravina, Croatia)

Žena Ide Na Gesti is the Podravina variant of the “Seven-step” dance form found in other areas of Croatia and throughout much of western Europe. Credit for research in Podravina goes largely to Dr. I. Ivančan. Nena Škokčić assisted him in this work.

Pronunciation:

Cassette: Barry Glass Special Tape – Stockton 1996 2/4 meter

Formation: Couples about the dance space in shldr-waist pos.

Steps: Polka Step: (ftwk described for M, W does opp) Step on L (ct 1); step on R (ct &); step on L (ct 2); hold (ct &). Steps repeats with opp ftkw. Steps are light, bouncy and with full ft.

Meas

Pattern

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|-----|---|
| 1 | Beg with M L and W R, step sdwd one light, rather bouncy step onto full ft (ct 1); take same kind of step to close (ct &); repeat cts 1, & (cts 2, &). |
| 2 | Repeat meas 1, cts 1, & (cts 1, &); take one more sdwd step but with emphasis, bending knee and bringing free ft to close without taking wt (ct 2); pause (ct &). |
| 3-4 | Repeat meas 1-2 with opp ftkw and direction. |
| 5-6 | Beg M L and W R, take two Polka Steps to make one complete couple turn CW. |

Dance repeats from the beginning.

Presented by Barry Glass